Into the 6ix **Student Resource Booklet**





Into the 6ix is not endorsing any of the companies, brands and websites listed in this booklet. These are listed merely to provide various options to students.

We are not liable for any damages that arise from using these companies, brands and websites listed in the booklet.



*Before sharing this booklet in your organization, please take permission by emailing intothe6ix@gmail.com

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Fire, Police, Ambulance 911 Campus Police (on campus/ learning abroad urgent) 416-978-2222

(Available during regular business hours) Academic success 416-978-7970 Accessibility services 416-978-8060 Anti-racism & Cultural Diversity Office 416-978-1259 Campus Police (Information) 416-978-2323 **Center for International Experience** 416-978-2564 Community Safety Office 416-978-1485 Health & Wellness Center 416-978-8030 Housing 416-978-8045 Indigenous Student Services 416-978-8227 Multi-Faith Center 416-946-3120 Sexual & Gender Diversity Office 416-946-5624 Sexual Violence Prevention & Support Center 416-978-2266 TravelSafer (available 24/7) 416-978-7233

PRESTO - https://www.prestocard.ca/en/about/using-presto What is Presto? PRESTO is an electronic payment system that eliminates the need for tickets, tokens, passes and cash. PRESTO works across local transit in the Greater Toronto and Hamilton Area (GTHA) and Ottawa, making paying for your trip simple, convenient and secure.

 You can load your PRESTO card using the PRESTO App, at Shoppers Drug Mart, at Customer Service Outlets, online, at a self-serve machines in every GO Transit station and every TTC station, or through our Chat feature. https://www.prestocard.ca/en/about/loading-your-card

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 Eligibility: Student/Youth13-19 years of age (inclusive): Photo ID with date of birth required. Post-secondary student, enrolled as a full-time student: Proof of enrollment (student card) required

SUBWAY - https://ttc.ca/Subway/index.jsp How to buy your ticket and pay fare: https://ttc.ca/Fares_and_passes/Prices/Paying_fares.jsp Interactive map: https://www.ttc.ca/Subway/interactive_map/interactive_map.jsp#

STREET CAR - https://www.ttc.ca/Routes/Streetcars.jsp You can use your presto card on the streetcar too. Street car stops usually don't have refill machines so make sure you have filled up your presto at a subway station or online Map: https://www.ttc.ca/PDF/Maps/TTC_SubwayStreetcarMap.pdf

BIKE RENTALS: Bike Share Toronto: https://bikesharetoronto.com/ : Buy, Unlock, Ride and **Repeat!** Get the PBSC app here: https://bikesharetoronto.com/app/ Buy a pass: https://bikesharetoronto.com/pricing/ Unlock your bike and ride non-stop for 30-minutes at a time

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RBC ROYAL BANK https://www.rbcroyalbank.com/student-solution/bankingaccounts.html

SCOTIABANK https://www.scotiabank.com/ca/en/personal/bankaccounts/students.html **BMO**

https://www.bmo.com/main/personal/bank-accounts/studentbanking/finding-the-best-student-bank-account/

> CIBC https://www.cibc.com/en/student.html

TD https://www.td.com/ca/en/personal-banking/solutions/studentbanking/

FREEDOM MOBILE: https://www.freedommobile.ca/en-CA/plans

VIRGIN MOBILE: https://www.virginplus.ca/en/plans/postpaid.html? province=ON&geoResult=failed#!/

FIDO MOBILE: https://www.fido.ca/promotions/back-to-school

KOODO MOBILE: https://www.koodomobile.com/rate-plans

BELL: https://www.bell.ca/Mobility

ROGERS: https://www.rogers.com/plans

You should present your government-issued photo identification (e.g. passport) and a proof of address while applying for a new SIM card. If you are not satisfied with your service provider, you can easily port your number to another provider. Ask your potential provider for the process of porting your phone number as this differs among different providers.

WINTER 101

Seek out the warmest clothing you can find: The first things you should buy are a sturdy pair of boots with soles that have a good grip and a warm jacket. If you're wearing a thick sweater, you'll need a big coat — or shell layer — to go over it. When purchasing your new winter jacket, consider one that's a size or two up from what you'd normally wear.

A fleece neck warmer to pull up and over your cheeks on the coldest days; A thick pair of gloves; Ice cleats to pull over your boots on slippery days; A warm hat — or toque — that can be pulled over your ears and forehead; or a woolen headband if you have thick hair; Thermal leggings or a long-sleeved, thermal top; Wool insoles for your boots

<u>Getting enough vitamin D:</u> which the body produces when the skin is exposed to sunlight – may not be an issue back home. But during winter in the Northern Hemisphere, UV levels can be very low. Look for foods rich in vitamin D, which is important for bone and muscle health. You may also want to consider taking a daily D3 supplement during winter.

https://discover.rbcroyalbank.com/your-first-canadian-winter-6-survival-tips-forinternational-students/ https://offtracktravel.ca/what-to-wear-in-canada-in-winter/

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Company	Ideal For	Cost Per Week	Cost Plate
		(including shipping)	
Cook It	Unique family structures	\$82.00	\$10.2
Fresh City Farms	Dietary restrictions	\$88.00	\$11.0
LiveFit	Healthy lifestyles	\$106.00	\$9.95
Power Kitchen	Fitness-focused	\$122.00	\$14.0
HelloFresh	Beginner cooks	\$99.99	\$12.5
Chefs Plate	Beginner cooks on a budget	\$39.96	\$5.00
Good Food	Adventurous cooks	\$91.00	\$11.3
	Cook It Fresh City Farms LiveFit Power Kitchen HelloFresh Chefs Plate	Cook ItUnique family structuresFresh City FarmsDietary restrictionsLiveFitHealthy lifestylesPower KitchenFitness-focusedHelloFreshBeginner cooksChefs PlateBeginner cooks on a budget	CompanyIdeal For(including shipping)Cook ItUnique family structures\$82.00Fresh City FarmsDietary restrictions\$88.00LiveFitHealthy lifestyles\$106.00Power KitchenFitness-focused\$122.00HelloFreshBeginner cooks on a budget\$39.96

https://chefcookit.com/en

https://www.freshcityfarm s.com/market/boxes#orga nic-produce-boxes

https://livefitfood.ca/

https://powerkitchen.ca/

https://hellofresh.ca/

https://cook.chefsplate.co m/

https://www.makegoodfoo d.ca/en/home

LEASING AND SUBLEASING AN APARTMENT You can find an apartment, condo or house through a realtor or the following websites (most popular ones among rent seekers) : rentals.ca; rentseeker.ca; zumper.com; airbnb.ca; kijiji.ca; padmapper.com; walkscore.com; torontorentals.com; 4rent.ca; condos.ca; viewit.ca. For subleasing, post an ad online. Make the ad informative, including the requirements stated on your lease agreement (when rent is due, if smoking is allowed, etc.). Always screen people by meeting them in person at a public place. Consider going by word of mouth and finding someone who's connected to your social network. Your friends and family will be great people to help spread the word.

FINDING A REALTOR (at no cost!) If You Are a Prospective Tenant Looking to Rent, it costs you absolutely nothing to use a rental agent to help you find your dream rental property in Toronto. Your future Landlord covers all commissions owing. So, as a tenant, there are no service fees.

A complete guide to Toronto rentals https://www.getwhatyouwant.ca/guide/renting-in-toronto-guide-for-tenants

RENTING INDIVIDUAL ROOMS AND ROOMMATE HUNTING If an apartment does not fit into your budget, an alternative is to rent out one room in an apartment, condo or house with others. Most popular websites: kijiji.ca; airbnb.ca; torontorentals.com; torontoroommates.ca; roomster.com; roomies.ca. Facebook groups: Toronto Student Housing; Student housing Toronto - UofT -Ryerson - OCAD; Housing and sublets in Toronto; Toronto Apartments/ Rooms/Houses for Rent/ Sale; University of Toronto (U of T) - Off campus housing St George; Roommates / apartments for rent in Toronto; Toronto -Rooms for rent | Apartments Houses Rooms.

FURNISHING YOUR APARTMENT/ROOM There are many options to buy from while furnishing your apartment, condo or room. The most popular among students are the following: <u>New furniture:</u> wayfair.ca; ikea.com/ca; www.blogto.com/toronto/the_best_furniture_stores_in_toronto/ **<u>Used furniture:</u>** Facebook Marketplace; kijiji.ca

TASK RABBIT

Our same-day service platform instantly connects you with skilled Taskers to help with odd-jobs and errands, so you can be more productive, every day. This includes tasks like furniture assembly, shopping & delivery, winter tasks, home repairs, moving, handyman, cleaning, ikea se**rvice**s, and contactless services. Visit them at: taskrabbit.ca

STORAGE UNITS

Storage facilities rent out storage units of various sizes for short and long term requirements. These facilities are located all across Toronto. Most accessible ones include: storage.makespace.com; xyzstorage.com; accessstorage.ca; queenweststorage.com; boxitnow.ca; greenstorage.ca; publicstoragecanada.com.

BOXES AND TOOLS: Students can buy boxes, tape and other moving tools at Canadian Tires, Home Depot, and Uhaul.

APPLYING FOR A DRIVER'S LICENSE AND DOCUMENTS REQUIRED https://www.ontario.ca/page/get-g-drivers-licence-new-drivers

INTERNATIONAL DRIVER'S LICENCE If you have a driver's license from outside Canada, you are eligible to reduce wait times between different steps in acquiring your Ontario issued driver's license. Make sure that you have a signed experience/ history certificate from the country your license is issued. If the experience/ history certificate is approved, then you can directly appear for your G-level road test after passing your G1- written road rules test at either 777 Bay Street or a drive test center. Note: You have only one attempt to pass your G-level test after G1. If you do not pass, you will have to appear for the G2-level driving test too.

RENT A CAR OR TRUCK IN ONTARIO If you have a valid Ontario issed license or other approved driver's license, you can rent a car/ truck through the following companies: discountcar.com; budget.ca; nationalcar.ca; toronto.communoauto.com; uhaul.com; budgettruck.ca.

Although a lot of spam is simply a nuisance, some spam is designed to trick you into providing personal information to steal your money, your identity or both.

Phishing generally refers to a specific type of attack. Spammers will try to impersonate a trusted brand or contact, someone from your fin**ancia**l institution or a potential employer. The goal is to get you to select a link, open an attachment, or provide personal or financial information

Easy ways to know you've received a malicious message is to keep in mind that major brands do not send emails that are filled with typos and bad grammar, offer unsolicited freebies or ask you to click on links except to visit their website

Below are important links to identifying scam calls, texts and emails.

- https://crtc.gc.ca/eng/phone/telemarketing/cust.htm
- https://www.canada.ca/en/immigration-refugeescitizenship/services/protect-fraud/internet-email-telephone.html
- https://www.priv.gc.ca/en/privacy-topics/technology/online-privacytracking-cookies/online-privacy/spam/spam_02/

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acam calls, texts and emails.
ing/cust.htm
refugees-
et-email-telephone.html
s/technology/online-privacy-
am_02/
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Credits Simran Arulraj Research, text, layout and design



For more information or questions, feel free to email intothe6ix@gmail.com